

Autumn Term PSHE Details 2025

PSHE is taught in 3 full drop-down days and two half days. During this time normal lessons do not take place and the whole school is learning PSHE. On the half days mentors remain with their mentor group in their mentor rooms and deliver different, age appropriate, PSHE topics. This will help to make conversations and discussions easier as we would expect students to feel safe in a classroom they go to every morning and with the teacher that they see every morning.

On a full day, students will remain in their mentor groups for the day but will move around to different workshops, some of which are taught by external visitors who have an expertise in that area. At times, whole year group presentations take place to give students vital information about how to remain safe and make informed decisions about their life choices.

This Autumn Term the first Half day is on Wednesday 15th October and students will learn about the following topics:

Year 7 - Building Relationships

Year 8 - Safety in Relationships

Year 9 - Respecting Others

Year 10 - Being Safe

Year 11 - Relationships

6th Form - Sexual Harassment and Careers

Key Stage	Topics Covered in PSHE	Topics Covered in RSE
KS3	Term 1: Enrichment Morning 1 (15TH October 2025)	
Year 7	RELATIONSHIPS (Getting to Know Each Other)	
	Getting to Know Each Other	
	Positive Relationships	
Year 8		SAFETY & RELATIONSHIPS (What is Acceptable?)
		CSE - Grooming
		Unwanted Contact
Year 9	RESPECTING OTHERS (Celebrating Difference)	
	What Types of Relationships?	
	Different Families	
KS4		

Year 10		BEING SAFE (Resilience)
		How to say no
		Consent
Year 11	DIVERSITY (Diversity & Prejudice)	
	Diversity, Discrimination & Prejudice	
	Challenging Offensive Behaviour	
KS3	Term 1: Enrichment Day 1 (6 th November 2025)	
Year 7		SAFETY (Bullying)
		Road Safety Production – Pedestrian Safety
		Internet Safety - CEOP Workshop
		What is Bullying?
		Respecting Differences
		Drama Workshop - Bullying & Emotions
Year 8		RISKY STUFF (Drugs, Sex and Alcohol – the consequences)
		Risk Affecting Health – Drugs and Alcohol
		What is Risk?
		Internet Safety - Risks of Using the Internet
		Sexual Activity
		How to get out of difficult situations
Year 9		SAFETY (Sexual Health)
		HIV – Terrence Higgins Trust
		STI Party
		Contraception Circuit
		CSE – Technology 7 Relationships
		What Happens at Sexual Health Clinics?
KS4		
Year 10	FINANCE	
	Financial Capability Workshops	
	Budgeting	

	Money and Well-being	
	How do I stay in control of my Money?	
Year 11	CAREERS (Options 16+)	
	Assembly in Hall – SA 6 th Form	
	6 th Form Taster Sessions	
	UNIFROG – Choices, Choices	
	What will I learn?	
	Road Safety Production – Being a Passenger	